

TEN, Ltd. Holds its Thirty First Annual General Meeting

ATHENS, Greece, June 21, 2024 (GLOBE NEWSWIRE) — TEN, Ltd. (“TEN”) (NYSE: TNP) (the “Company”), a leading crude, product, and LNG tanker operator, announced today that the Company’s General Annual Meeting of Shareholders was duly held in Athens on June 14, 2024 pursuant to a Notice of Annual Meeting of Shareholders dated May 3, 2024 (“the Notice”). At the meeting which was conducted with a quorum of its common shares represented in person or by proxy, all of the resolutions proposed were approved by at least 89,27% or higher of the votes cast.

ABOUT TSAKOS ENERGY NAVIGATION

TEN, founded in 1993 and celebrating this year 31-years as a public company, is one of the first and most established public shipping companies in the world. TEN’s diversified energy fleet currently consists of 74 vessels, including three DP2 shuttle tankers, two scrubber-fitted suezmax vessels, two scrubber-fitted MR product tankers and five scrubber-fitted LR1 tankers under construction, consisting of a mix of crude tankers, product tankers and LNG carries, totaling over 9.0 million dwt.

ABOUT FORWARD-LOOKING STATEMENTS

Except for the historical information contained herein, the matters discussed in this press release are forward-looking statements that involve risks and uncertainties that could cause actual results to differ materially from those predicted by such forward- looking statements. TEN undertakes no obligation to publicly update any forward- looking statement, whether as a result of new information, future events, or otherwise.

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