

**Reliq Health Technologies, Inc. to Provide Corporate Update on
September 27, 2023 at the Virtual Tech Conference Series, Presented by
Maxim Group LLC**

HAMILTON, Ontario, Sept. 20, 2023 — **Reliq Health Technologies Inc. (TSXV:RHT or OTC:RQHTF or WKN:A2AJTB)** (“**Reliq**” or the “**Company**”), a rapidly growing global healthcare technology company that develops innovative Virtual Care solutions for the multi-billion dollar Healthcare market, has been invited to present on Wednesday, September 27th at 1pm at the Virtual Tech Conference Series: Emerging Growth in A.I., presented by Maxim Group LLC. The conference will take place on Tuesday, September 26th & Wednesday, September 27th, 2023 beginning at 8:00am EDT each day.

“I look forward to providing an update on Reliq’s accelerating customer traction, and to sharing our clients’ experience with our new Artificial Intelligence (A.I.) capabilities,” said Dr. Lisa Crossley, CEO at Reliq Health Technologies, Inc. “As Reliq attracts larger and larger healthcare networks as clients, A.I. becomes a unique differentiator for the Company. With A.I., our iUGO Care platform is able to learn from the tens of thousands of patient datasets generated by a large client to help prioritize high risk patients, facilitate early interventions, improve efficiency and reduce healthcare costs. This translates to both higher profits and better health outcomes for patients. The conference format includes a question & answer period with one of Maxim’s Senior Analysts to provide additional insight into the Company’s operations and our plans to uplist to the NASDAQ in 2024.”

The conference will be live on M-Vest. To attend, sign up at <https://m-vest.com/events/virtual-tech-ai-09262023>.

Reliq Health

Reliq Health Technologies is a rapidly growing global healthcare technology company that specializes in developing innovative Virtual Care solutions for the multi-billion dollar Healthcare market. Reliq’s powerful iUGO Care platform supports care coordination and community-based virtual healthcare. iUGO Care allows complex patients to receive high quality care at home, improving health outcomes, enhancing quality of life for patients and families and reducing the cost of care delivery. iUGO Care provides real-time access to remote patient monitoring data, allowing for timely interventions by the care team to prevent costly hospital readmissions and ER visits. Reliq Health Technologies trades on the TSX Venture under the symbol RHT, on the OTC as RQHTF and on the Frankfurt Stock Exchange under the WKN:A2AJTB.

ON BEHALF OF THE BOARD

“Dr. Lisa Crossley”

CEO and Director

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Cautionary Statements Regarding Forward Looking Information

Certain statements in this press release constitute forward-looking statements, within the meaning of applicable securities laws. All statements that are not historical facts, including without limitation, statements regarding future estimates, plans, programs, forecasts, projections, objectives, assumptions, expectations or beliefs of future performance, are “forward-looking statements”.

We caution you that such “forward-looking statements” involve known and unknown risks and uncertainties that could cause actual and future events to differ materially from those anticipated in such statements.

Forward-looking statements include, but are not limited to, statements with respect to commercial operations, including technology development, anticipated revenues, projected size of market, and other information that is based on forecasts of future results, estimates of amounts not yet determinable and assumptions of management.

Reliq Health Technologies Inc. (the “**Company**”) does not intend and does not assume any obligation, to update these forward-looking statements except as required by law. These forward-looking statements involve risks and uncertainties relating to, among other things, technology development and marketing activities, the Company’s historical experience with technology development, uninsured risks. Actual results may differ materially from those expressed or implied by such forward-looking statements.

SOURCE: Reliq Health Technologies Inc.

