

## **Reliq Health Technologies, Inc. Selected as Technology Partner by Leading US Case Management Services Firm**

HAMILTON, Ontario, Nov. 01, 2019 — **Reliq Health Technologies Inc. (TSXV:RHT or OTCQB:RQHTF) (“Reliq” or the “Company”)**, a technology company focused on developing innovative mobile health (mHealth) and telemedicine solutions for Community Healthcare, today announced that it has entered into a Memorandum of Understanding with Achieve Health Management LLC. (Encinitas, CA; Irving, TX), a subsidiary of Del Mar Health, to use Reliq’s iUGO CARE Remote Patient Monitoring & Chronic Care Management (RPM/CCM) technology platform.

Achieve Health Management (AHM) is a patient monitoring and case management services company, and a subsidiary of Del Mar Health. Del Mar Health and its subsidiaries provide patient monitoring and case management services to nearly 70,000 people across the United States who are coping with chronic conditions. Their clients include Long-Term Care Facilities, Accountable Care Organizations (ACOs), Physician Groups and Medicare Advantage Plans. AHM offers affordable monitoring and case management options by leveraging a highly skilled, multilingual and credentialed community-based workforce comprised of telehealth physicians, nurses, health coaches and case managers. AHM’s clinical experts ensure that patient health is closely monitored, and intervene when necessary in order to maintain patient health and keep chronic conditions from escalating, improve patient outcomes and reduce costs. “The addition of the iUGO Care RPM/CCM platform will extend our capabilities to provide real-time biometric monitoring and capture trends, furthering our case management efforts within all of our facility-based clinical environments,” said Charles Parks, CEO at Achieve Health Management LLC. “We are extremely confident that this new technology platform will help us better engage patients and providers, improve patient outcomes, and reduce claims costs associated with chronic conditions.”

“This new partnership will help Reliq expand its client base in the United States to include a broad range of healthcare organizations, including Accountable Care Organizations (ACOs) and Long-Term Care facilities,” said Dr. Lisa Crossley, CEO of Reliq Health Technologies, Inc. “Combining AHM’s highly qualified, experienced workforce and infrastructure with Reliq’s innovative iUGO CARE technology platform will provide healthcare organizations with new options for managing patient health in the Community for the chronic disease population.”

ON BEHALF OF THE BOARD

“Dr. Lisa Crossley”

CEO and Director

### **About Reliq Health**

Reliq Health Technologies is a healthcare technology company that specializes in developing innovative software solutions for the Community Care market. Reliq’s powerful iUGO CARE

platform supports care coordination and community-based healthcare. The iUGO CARE platform integrates wearables, sensors, voice technology and intuitive mobile apps and desktop user interfaces for patients, clinicians and healthcare administrators. iUGO CARE allows complex patients to receive high quality care at home, improving health outcomes, enhancing quality of life for patients and families and reducing the cost of care delivery. iUGO CARE provides real-time access to remote patient monitoring data, allowing for timely interventions by the care team to prevent costly hospital readmissions and ER visits. Reliq Health Technologies trades on the TSX Venture under the symbol RHT and on the OTCQB as RQHTF.

**For further information please contact:**

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**Cautionary Statements Regarding Forward Looking Information**

Certain statements in this press release constitute forward-looking statements, within the meaning of applicable securities laws. All statements that are not historical facts, including without limitation, statements regarding future estimates, plans, programs, forecasts, projections, objectives, assumptions, expectations or beliefs of future performance, are “forward-looking statements”.

We caution you that such “forward-looking statements” involve known and unknown risks and uncertainties that could cause actual and future events to differ materially from those anticipated in such statements.

Forward-looking statements include, but are not limited to, statements with respect to commercial operations, including technology development, anticipated revenues, projected size of market, and other information that is based on forecasts of future results, estimates of amounts not yet determinable and assumptions of management.

Reliq Health Technologies Inc. (the “**Company**”) does not intend and does not assume any obligation, to update these forward-looking statements except as required by law. These forward-looking statements involve risks and uncertainties relating to, among other things, technology development and marketing activities, the Company’s historical experience with technology development, uninsured risks. Actual results may differ materially from those expressed or implied by such forward-looking statements.

SOURCE: Reliq Health Technologies Inc.

