

Reliq Health Technologies, Inc. Announces Upcoming Shareholder Update Webinar

HAMILTON, Ontario, Nov. 23, 2021 — **Reliq Health Technologies Inc. (TSXV:RHT or OTC:RQHTF or WKN:A2AJTB)** (“**Reliq**” or the “**Company**”), a rapidly growing global medtech company that develops innovative Virtual Care solutions for the multi-billion dollar Healthcare market, wishes to inform shareholders that it will be hosting a webinar on November 30, 2021 at 6:00am PST / 9:00am EST to review the Company’s quarterly financial statements for Q1 Fiscal Year 2022 (July 1 – September 30, 2021), and provide a corporate update.

Webinar Login Information:

Date: Tuesday, November 30, 2021

Time: 6:00am PST / 9:00am EST

URL: www.reliqhealth.com/webinar

“In the webinar on November 30th, Management will discuss the Q1 FY2022 financials, provide an update on Reliq’s operations to date and review guidance for calendar year 2022,” said Dr. Lisa Crossley, CEO at Reliq Health Technologies, Inc. “The Company is on track to achieve a revenue run rate of \$2 Million/month by the end of calendar year 2021 with gross margins of 75% and EBITDA margins of 45%. We expect to see significant growth quarter-over-quarter every quarter through calendar year 2022 and beyond as Medicare and Medicaid continue to expand the scope of their virtual care programs and the corresponding reimbursement amounts.”

For those who are not able to attend the webinar, a recording will be available on the Company’s website (www.reliqhealth.com) immediately following the session.

Reliq Health

Reliq Health Technologies is a rapidly growing global medtech company that specializes in developing innovative Virtual Care solutions for the multi-billion dollar Healthcare market. Reliq’s powerful iUGO Care platform supports care coordination and community-based virtual healthcare. iUGO Care allows complex patients to receive high quality care at home, improving health outcomes, enhancing quality of life for patients and families and reducing the cost of care delivery. iUGO Care provides real-time access to remote patient monitoring data, allowing for timely interventions by the care team to prevent costly hospital readmissions and ER visits. Reliq Health Technologies trades on the TSX Venture under the symbol RHT, on the OTC as RQHTF and on the WKN as A2AJTB.

ON BEHALF OF THE BOARD

“Dr. Lisa Crossley”
CEO and Director

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Cautionary Statements Regarding Forward Looking Information

Certain statements in this press release constitute forward-looking statements, within the meaning of applicable securities laws. All statements that are not historical facts, including without limitation, statements regarding future estimates, plans, programs, forecasts, projections, objectives, assumptions, expectations or beliefs of future performance, are “forward-looking statements”.

We caution you that such “forward-looking statements” involve known and unknown risks and uncertainties that could cause actual and future events to differ materially from those anticipated in such statements.

Forward-looking statements include, but are not limited to, statements with respect to commercial operations, including technology development, anticipated revenues, projected size of market, and other information that is based on forecasts of future results, estimates of amounts not yet determinable and assumptions of management.

Reliq Health Technologies Inc. (the “**Company**”) does not intend and does not assume any obligation, to update these forward-looking statements except as required by law. These forward-looking statements involve risks and uncertainties relating to, among other things, technology development and marketing activities, the Company’s historical experience with technology development, uninsured risks. Actual results may differ materially from those expressed or implied by such forward-looking statements.

SOURCE: Reliq Health Technologies Inc.

