Reliq Health Technologies, Inc. Announces New Contracts with 10 Physician Practices in FL, TX and NV to add over 10,000 Patients to iUGO Care

HAMILTON, Ontario, Dec. 13, 2023 — Reliq Health Technologies Inc. (TSXV:RHT or OTC:RQHTF or WKN:A2AJTB) ("Reliq" or the "Company"), a rapidly growing global healthcare technology company that develops innovative Virtual Care solutions for the multibillion dollar Healthcare market, is pleased to announce that it has signed new contracts with ten physician practices in Florida, Nevada and Texas. These practices are expected to add over 10,000 patients to Reliq's iUGO Care platform by mid-2024. Onboarding has already begun.

"We continue to add new clients at a rapid rate," said Chris Shields, Interim CEO of Reliq Health Technologies, Inc. "The Company's recent private placement in October has allowed us to expand our Care Management and Implementation teams to accommodate our accelerating traction across the US. We are actively onboarding new patients in 16 States at this point which is keeping our team very busy. We recently signed new contracts with ten physician practices in Florida, Nevada and Texas and expect these practices to add over 10,000 new patients to our iUGO Care platform by the end of June 2024. We will be providing Remote Patient Monitoring (RPM), Chronic Care Management (CCM) and Behavioral Health Integration (BHI) to these patients and expect to generate revenue of \$65 per patient per month at ~70% gross margin."

Reliq Health

Reliq Health Technologies is a rapidly growing global healthcare technology company that specializes in developing innovative Virtual Care solutions for the multi-billion dollar Healthcare market. Reliq's powerful iUGO Care platform supports care coordination and community-based virtual healthcare. iUGO Care allows complex patients to receive high quality care at home, improving health outcomes, enhancing quality of life for patients and families and reducing the cost of care delivery. iUGO Care provides real-time access to remote patient monitoring data, allowing for timely interventions by the care team to prevent costly hospital readmissions and ER visits. Reliq Health Technologies trades on the TSX Venture under the symbol RHT, on the OTC as RQHTF and on the Frankfurt Stock Exchange under the WKN: A2AJTB.

ON BEHALF OF THE BOARD

"Chris Shields"

Interim CEO

For further information please contact:

Company Contact

Investor Relations at ir@relighealth.com

Neither the TSX Venture Exchange nor its Regulation Services Provider (as that term is defined in the policies of the TSX Venture Exchange) accepts responsibility for the adequacy or accuracy of this release.

Cautionary Statements Regarding Forward Looking Information

Certain statements in this press release constitute forward-looking statements, within the meaning of applicable securities laws. All statements that are not historical facts, including without limitation, statements regarding future estimates, plans, programs, forecasts, projections, objectives, assumptions, expectations or beliefs of future performance, are "forward-looking statements".

We caution you that such "forward-looking statements" involve known and unknown risks and uncertainties that could cause actual and future events to differ materially from those anticipated in such statements.

Forward-looking statements include, but are not limited to, statements with respect to commercial operations, including technology development, anticipated revenues, projected size of market, and other information that is based on forecasts of future results, estimates of amounts not yet determinable and assumptions of management.

Reliq Health Technologies Inc. (the "**Company**") does not intend and does not assume any obligation, to update these forward-looking statements except as required by law. These forward-looking statements involve risks and uncertainties relating to, among other things, technology development and marketing activities, the Company's historical experience with technology development, uninsured risks. Actual results may differ materially from those expressed or implied by such forward-looking statements.

SOURCE: Reliq Health Technologies Inc.

