

Reliq Health Technologies, Inc. Announces Launch of New iUGO HOME Product Line

HAMILTON, Ontario, Oct. 25, 2019 — **Reliq Health Technologies Inc. (TSXV:RHT or OTCQB:RQHTF)** (“**Reliq**” or the “**Company**”), a technology company with innovative proprietary mobile health (mHealth) and telemedicine solutions for Community-Based Healthcare, today announced that it has launched a new iUGO HOME product line leveraging advances in wearable technologies for fall detection, two way video communication and geofencing.

“We are thrilled to announce that Reliq is launching a new product line aimed at seniors aging in place or receiving care in a Skilled Nursing, Long Term Care, Hospice or other residential facility,” said Dr. Lisa Crossley, CEO of Reliq Health Technologies, Inc. “In response to repeated requests from our clients and potential clients, the Company worked with our hardware partners to integrate watches and pendants capable of functioning as Personal Emergency Response Systems (PERS), as well as acting as the user interface to the iUGO platform. Our partners’ watches and pendants support emergency alerting to call centres in the event of a medical emergency. Call centre personnel can then communicate live with the patient through two way audio and video on the watch or pendant to provide reassurance or instructions and to visually assess the patient, and to summon emergency services if needed. In the Long Term Care, Skilled Nursing and Hospice settings, the watch and pendant allow patients to speak with staff at the facility from their shower, bed, outdoor recreation space or other location instantaneously if they need assistance, and staff can receive automated alerts if a resident falls. Across all settings these wearables enable the iUGO HOME platform to deliver medication reminders, and to track the wearer’s location via GPS – automatically alerting care providers or family members if the patient leaves a defined (“geofenced”) area. We are pleased to be able to respond to our clients’ strong demand for wearables that incorporate the iUGO software and communicate directly with the iUGO Cloud. To see how Reliq is leveraging innovative new technologies to help our clients deliver high quality healthcare in the Community, watch the iUGO HOME video featuring our Chief Medical Officer, Dr. Richard Sztramko, at reliqhealth.com/about-us.”

About Reliq Health

Reliq Health Technologies is a healthcare technology company that specializes in developing innovative software solutions for the Community Care market. Reliq’s powerful iUGO CARE platform supports care coordination and community-based healthcare. iUGO CARE allows complex patients to receive high quality care at home and in the community setting, improving health outcomes, enhancing quality of life for patients and families and reducing the cost of care delivery. iUGO CARE provides real-time access to remote patient monitoring data, allowing for timely interventions by the care team to prevent costly hospital readmissions and ER visits. Reliq Health Technologies trades on the TSX Venture under the

symbol RHT and on the OTCQB as RQHTF.

ON BEHALF OF THE BOARD

“Dr. Lisa Crossley”

CEO and Director

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Cautionary Statements Regarding Forward Looking Information

Certain statements in this press release constitute forward-looking statements, within the meaning of applicable securities laws. All statements that are not historical facts, including without limitation, statements regarding future estimates, plans, programs, forecasts, projections, objectives, assumptions, expectations or beliefs of future performance, are “forward-looking statements”.

We caution you that such “forward-looking statements” involve known and unknown risks and uncertainties that could cause actual and future events to differ materially from those anticipated in such statements.

Forward-looking statements include, but are not limited to, statements with respect to commercial operations, including technology development, anticipated revenues, projected size of market, and other information that is based on forecasts of future results, estimates of amounts not yet determinable and assumptions of management.

Reliq Health Technologies Inc. (the “**Company**”) does not intend and does not assume any obligation, to update these forward-looking statements except as required by law. These forward-looking statements involve risks and uncertainties relating to, among other things, technology development and marketing activities, the Company’s historical experience with technology development, uninsured risks. Actual results may differ materially from those expressed or implied by such forward-looking statements.

SOURCE: Reliq Health Technologies Inc.

