

Reliq Health Technologies, Inc. Announces Five New Contracts in Texas

HAMILTON, Ontario, Oct. 15, 2019 — **Reliq Health Technologies Inc. (TSXV:RHT or OTCQB:RQHTF)** (“**Reliq**” or the “**Company**”), a technology company focused on developing innovative mobile health (mHealth) and telemedicine solutions for Community-Based Healthcare, today announced that it has signed contracts with five new Home Health Agencies in Texas. All five new clients will go live on Reliq’s iUGO CARE platform this month.

“Reliq’s local Sales and Implementations team in Texas has successfully signed another five new clients,” said Dr. Lisa Crossley, CEO of Reliq Health Technologies, Inc. “Thanks to their hard work, experience in the space and extensive clinical network, the Texas team expects to have onboarded over 30 clients by the end of this calendar year. Now that this team is in place and consistently producing impressive results, the Company will be focusing more of our attention on the other significant opportunities in our pipeline, replicating the business model we have validated in Texas in other States across the US. The US Sales team for Reliq now includes senior Sales professionals in Arizona, California, Florida, New Jersey, Pennsylvania, and Texas, and the near-term opportunities in the US Sales pipeline span over 15 States. Based on the current contracts, Reliq expects to achieve cash flow positive this quarter. For clarity, the Company is not currently contemplating an equity raise and does not anticipate needing to raise outside capital in order to reach profitability in 2020.”

Reliq Health Technologies is a healthcare technology company that specializes in developing innovative software solutions for the Community Care market. Reliq’s powerful iUGO Care platform supports care coordination and community-based healthcare. The iUGO Care platform integrates wearables, sensors, voice technology and intuitive mobile apps and desktop user interfaces for patients, clinicians and healthcare administrators. iUGO Care allows complex patients to receive high quality care at home, improving health outcomes, enhancing quality of life for patients and families and reducing the cost of care delivery. iUGO Care provides real-time access to remote patient monitoring data, allowing for timely interventions by the care team to prevent costly hospital readmissions and ER visits. Reliq Health Technologies trades on the TSX Venture under the symbol RHT and on the OTCQB as RQHTF.

ON BEHALF OF THE BOARD

“Dr. Lisa Crossley”

CEO and Director

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or accuracy of this release.

Cautionary Statements Regarding Forward Looking Information

Certain statements in this press release constitute forward-looking statements, within the meaning of applicable securities laws. All statements that are not historical facts, including without limitation, statements regarding future estimates, plans, programs, forecasts, projections, objectives, assumptions, expectations or beliefs of future performance, are “forward-looking statements”.

We caution you that such “forward-looking statements” involve known and unknown risks and uncertainties that could cause actual and future events to differ materially from those anticipated in such statements.

Forward-looking statements include, but are not limited to, statements with respect to commercial operations, including technology development, anticipated revenues, projected size of market, and other information that is based on forecasts of future results, estimates of amounts not yet determinable and assumptions of management.

Reliq Health Technologies Inc. (the “**Company**”) does not intend and does not assume any obligation, to update these forward-looking statements except as required by law. These forward-looking statements involve risks and uncertainties relating to, among other things, technology development and marketing activities, the Company’s historical experience with technology development, uninsured risks. Actual results may differ materially from those expressed or implied by such forward-looking statements.

SOURCE: Reliq Health Technologies Inc.

