

Reliq Health Technologies, Inc. Announces 15 New Clients with over 12,000 New Patients in Central and North Texas and Puerto Rico

HAMILTON, Ontario, Dec. 16, 2020 — **Reliq Health Technologies Inc. (TSXV:RHT or OTCQB:RQHTF)** (“**Reliq**” or the “**Company**”), a technology company focused on developing innovative mobile health (mHealth) and telemedicine solutions for Community-Based Healthcare, today announced that it is onboarding 15 new clients in Texas and Puerto Rico who will use its proprietary iUGO Care Remote Patient Monitoring (RPM), Chronic Care Management (CCM), Behavioral Health Integration (BHI) and Telemedicine platform.

“We are very pleased to have added fifteen new clients to our customer base in Central and North Texas and Puerto Rico,” said Dr. Lisa Crossley, CEO of Reliq Health Technologies, Inc. “These clients have over 12,000 eligible patients who will be using Reliq’s iUGO Care Software and Care Management services, at an average revenue of \$65 USD per patient per month. We have already begun onboarding patients for these new clients and expect to complete the onboarding over the next 4 – 6 months. The new clients include physician practices, home health agencies and a Medical Clinic with over 10 locations between Dallas and San Antonio, Texas. Patient onboarding continues to accelerate, despite the holiday season and the worsening global pandemic. The Company remains on track to achieve cashflow positive in Calendar Q1 2021.”

About Reliq Health

Reliq Health Technologies is a healthcare technology company that specializes in developing innovative software solutions for the Community Care market. Reliq’s powerful iUGO Care platform supports care coordination and community-based healthcare. iUGO Care allows complex patients to receive high quality care at home, improving health outcomes, enhancing quality of life for patients and families and reducing the cost of care delivery. iUGO Care provides real-time access to remote patient monitoring data, allowing for timely interventions by the care team to prevent costly hospital readmissions and ER visits. Reliq Health Technologies trades on the TSX Venture under the symbol RHT and on the OTCQB as RQHTF.

ON BEHALF OF THE BOARD

“Dr. Lisa Crossley”

CEO and Director

For further information please contact:

Investor Relations at ir@reliqhealth.com

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Cautionary Statements Regarding Forward Looking Information

Certain statements in this press release constitute forward-looking statements, within the meaning of applicable securities laws. All statements that are not historical facts, including without limitation, statements regarding future estimates, plans, programs, forecasts, projections, objectives, assumptions, expectations or beliefs of future performance, are “forward-looking statements”.

We caution you that such “forward-looking statements” involve known and unknown risks and uncertainties that could cause actual and future events to differ materially from those anticipated in such statements.

Forward-looking statements include, but are not limited to, statements with respect to commercial operations, including technology development, anticipated revenues, projected size of market, and other information that is based on forecasts of future results, estimates of amounts not yet determinable and assumptions of management.

Reliq Health Technologies Inc. (the “**Company**”) does not intend and does not assume any obligation, to update these forward-looking statements except as required by law. These forward-looking statements involve risks and uncertainties relating to, among other things, technology development and marketing activities, the Company’s historical experience with technology development, uninsured risks. Actual results may differ materially from those expressed or implied by such forward-looking statements.

SOURCE: Reliq Health Technologies Inc.

