

Reliq Health Technologies Announces Receipt of First Hardware Shipment and Resumption of Patient Onboarding

VANCOUVER, British Columbia, July 12, 2018 — **Reliq Health Technologies Inc.** (TSXV:RHT) (OTCQB:RQHTF) ("**Reliq**" or the "**Company**"), a technology company that develops innovative mobile health (mHealth) and telemedicine solutions for the Community-Based Healthcare market, is pleased to announce that it has received the first shipment of backordered Remote Monitoring devices and will now be able to resume onboarding new patients.

"We are pleased to announce that we have received the first of several shipments of Remote Monitoring devices and will now be able to resume onboarding new patients," said Dr. Lisa Crossley, CEO of Reliq Health Technologies, Inc. "We would like to thank our customers for their patience over the last few months and look forward to working with them to onboard new patients to the iUGO Care remote patient monitoring platform. We remain committed to helping our clients deliver high quality virtual care to at-risk patients in underserved communities".

Reliq Health Technologies is a healthcare technology company that specializes in developing innovative software solutions for the Community Care market. Reliq's powerful iUGO Care platform supports care coordination and community-based healthcare. The iUGO Care platform integrates wearables, sensors, voice technology and intuitive mobile apps and desktop user interfaces for patients, clinicians and healthcare administrators. iUGO Care allows complex patients to receive high quality care at home, improving health outcomes, enhancing quality of life for patients and families and reducing the cost of care delivery. iUGO Care provides real-time access to remote patient monitoring data, allowing for timely interventions by the care team to prevent costly hospital readmissions and ER visits. Reliq Health Technologies trades on the TSX Venture under the symbol RHT and on the OTCQB as RQHTF.

ON BEHALF OF THE BOARD

"Dr. Lisa Crossley"

CEO and Director

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Cautionary Statements Regarding Forward Looking Information

Certain statements in this press release constitute forward-looking statements, within the meaning of applicable securities laws. All statements that are not historical facts, including without limitation, statements regarding future estimates, plans, programs, forecasts, projections, objectives, assumptions, expectations or beliefs of future performance, are “forward-looking statements”.

We caution you that such “forward-looking statements” involve known and unknown risks and uncertainties that could cause actual and future events to differ materially from those anticipated in such statements.

Forward-looking statements include, but are not limited to, statements with respect to commercial operations, including technology development, anticipated revenues, projected size of market, and other information that is based on forecasts of future results, estimates of amounts not yet determinable and assumptions of management.

Reliq Health Technologies Inc. (the “**Company**”) does not intend, and does not assume any obligation, to update these forward-looking statements except as required by law. These forward-looking statements involve risks and uncertainties relating to, among other things, technology development and marketing activities, the Company’s historical experience with technology development, uninsured risks. Actual results may differ materially from those expressed or implied by such forward-looking statements.

SOURCE: Reliq Health Technologies Inc.

