

Reliq Health Technologies Announces New Trial with Community HealthNet Health Centers, Indiana

HAMILTON, ON, Feb. 26, 2019 – **Reliq Health Technologies Inc. (TSXV:RHT or OTCQB:RQHTF)** (“**Reliq**” or the “**Company**”), a technology company that develops innovative mobile health (mHealth) and telemedicine solutions for the community-based healthcare market, today announced that it has signed an agreement with Community HealthNet Health Centers of Gary, Indiana to conduct a three month trial of the iUGO Care remote patient monitoring platform with some of its most at risk diabetes and hypertension patients.

“We are very pleased to be working with Community HealthNet Health Centers to extend care into the home for their at-risk patients,” said Dr. Lisa Crossley, CEO of Reliq Health Technologies, Inc. “Community HealthNet serves some of the most vulnerable residents of Indiana, and it is exciting to be part of their initiative to improve health outcomes through remote patient monitoring. Our platform helps engage patients and families in their own care, which studies consistently show improves medication adherence, increases patient and family satisfaction and reduces hospitalizations and ER visits.”

“We look forward to using the iUGO Care platform to support our Patient Centered Medical Home (PCMH) model for care,” said Ben Adesope, Chief Operations and Innovation Officer, Community HealthNet. “In this personal model of health care, the primary care provider leads the team of health care professionals that collectively take responsibility for a patient’s care. We make sure that patients get the care they need in wellness and illness to heal body, mind and spirit. iUGO Care will help our care teams identify patients at risk of developing preventable complications, helping to move from the conventional reactive care model to a more proactive approach that reduces healthcare costs and improves quality of life.”

Community HealthNet (CHN) is a not-for-profit community based primary healthcare organization dedicated to providing accessible, affordable and quality medical services. Community HealthNet strives to serve the needs of all families and individuals of all income levels in need of medical care. The organization currently provides care to over 45,000 patients in the Gary, Indiana area. CHN is a Federally Qualified Health Center (FQHC) and a member of the National Association of Health Centers (NAHC). CHN is a health care coverage enrollment site for all Medicaid programs including Hoosier HealthWise and the Healthy Indiana Plan. Covering Kids & Families of Indiana, Inc. is a statewide advocacy program committed to ensuring all eligible individuals are enrolled. CHN is also a certified application organization for Affordable Care Act Marketplace enrollments.

ON BEHALF OF THE BOARD

“Dr. Lisa Crossley”

CEO and Director

ABOUT RELIQ HEALTH

Reliq Health Technologies is a healthcare technology company that specializes in developing innovative software solutions for the Community Care market. Reliq's powerful iUGO Care platform supports care coordination and community-based healthcare. The iUGO Care platform integrates wearables, sensors, voice technology and intuitive mobile apps and desktop user interfaces for patients, clinicians and healthcare administrators. iUGO Care allows complex patients to receive high quality care at home, improving health outcomes, enhancing quality of life for patients and families and reducing the cost of care delivery. iUGO Care provides real-time access to remote patient monitoring data, allowing for timely interventions by the care team to prevent costly hospital readmissions and ER visits. Reliq Health Technologies trades on the TSX Venture under the symbol RHT and on the OTCQB as RQHTF.

Neither the TSX Venture Exchange nor its Regulation Services Provider (as that term is defined in the policies of the TSX Venture Exchange) accepts responsibility for the adequacy or accuracy of this release.

Cautionary Statements Regarding Forward Looking Information

Certain statements in this press release constitute forward-looking statements, within the meaning of applicable securities laws. All statements that are not historical facts, including without limitation, statements regarding future estimates, plans, programs, forecasts, projections, objectives, assumptions, expectations or beliefs of future performance, are "forward-looking statements".

We caution you that such "forward-looking statements" involve known and unknown risks and uncertainties that could cause actual and future events to differ materially from those anticipated in such statements.

Forward-looking statements include, but are not limited to, statements with respect to commercial operations, including technology development, anticipated revenues, projected size of market, and other information that is based on forecasts of future results, estimates of amounts not yet determinable and assumptions of management.

Reliq Health Technologies Inc. (the "**Company**") does not intend and does not assume any obligation, to update these forward-looking statements except as required by law. These forward-looking statements involve risks and uncertainties relating to, among other things, technology development and marketing activities, the Company's historical experience with technology development, uninsured risks. Actual results may differ materially from those expressed or implied by such forward-looking statements.

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