

Reliq Health Technologies Announces Kick Off of Patient Onboarding at Rio Grande Valley Health Alliance in Texas

VANCOUVER, B.C., Sept. 17, 2018 — **Reliq Health Technologies Inc.** (TSXV:RHT) (OTCQB:RQHTF) (“**Reliq**” or the “**Company**”), a technology company focused on developing innovative mobile health (mHealth) and telemedicine solutions for Community-Based Healthcare, is pleased to announce that it has begun onboarding patients at Rio Grande Valley Health Alliance, LLC (RGVHA) in McAllen, Texas.

“We are excited to be working with Rio Grande Valley Health Alliance (RGVHA) to provide our iUGO Care platform to their patients,” said Dr. Lisa Crossley, CEO of Reliq Health Technologies, Inc. “We kicked off patient onboarding with RGVHA earlier this month and look forward to working with the clinicians and our implementation partner, CareOneTeam, to continue to roll out our iUGO Care solution to chronic disease patients throughout the Rio Grande Valley.”

“Our mission at Rio Grande Valley Health Alliance is to provide our patients with efficient, high quality care that improves health outcomes,” said Dr. Luis Delgado, Jr, President of RGVHA. “We are excited to be working with Reliq Health to help engage our patients in better management of their chronic conditions. The iUGO Care platform allows our clinicians to receive automated alerts if a patient’s condition is becoming unstable and requires intervention. This helps us identify issues early, helping to keep patients out of hospital.”

Rio Grande Valley Health Alliance, LLC (www.rgvha.org) is an Accountable Care Organization (ACO). The group is comprised of 24 primary care physicians who are working with Medicare to provide better coordinated care to Medicare Fee-for-Service patients. The aim of the ACO is to deliver high-quality care and lower growth in health care expenditures. The ACO is made up of 19 independent practices focusing on primary care, and currently has close to 30,000 registered patients.

ON BEHALF OF THE BOARD

“Dr. Lisa Crossley”

CEO and Director

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Reliq Health Technologies Inc. (the “**Company**”) does not intend, and does not assume any obligation, to update these forward-looking statements except as required by law. These forward-looking statements involve risks and uncertainties relating to, among other things, technology development and marketing activities, the Company’s historical experience with technology development, uninsured risks. Actual results may differ materially from those expressed or implied by such forward-looking statements.

SOURCE: Reliq Health Technologies Inc.

